



MUNSON HEALTHCARE

CLEAN CATCH URINE COLLECTION INSTRUCTIONS – MALE

Please carry out the following steps carefully. This will help the laboratory provide you and your doctor with the most accurate test results. After collection, it is important to take the specimen to the lab as soon as possible.

If you cannot return the specimen to the laboratory within one hour of collection, refrigerate the urine specimen and keep it cool until it is delivered to the lab. Refrigerated samples should be delivered to the lab within 8 hours of collection.

PREPARATION:

With a pen or marker, please place your LEGAL 1st and last name on the label on the cup. Also provide the date and time of collection. Loosen the lid to make ready for use. Open one (1) towelettes to make ready for use. Expose the penis and pull back the foreskin (if present).

CLEANSING:

Wipe the area around the urinary opening with the towelette. Pass a small amount of urine into the toilet and stop. This helps cleanse the urinary opening.

COLLECTION:

Urinate into the cup. A half-filled cup is preferred, but at least 10 ml is considered acceptable. Place lid TIGHTLY on the cup and return it to laboratory personnel.

Thank you for your cooperation.

Munson Medical Center Laboratories